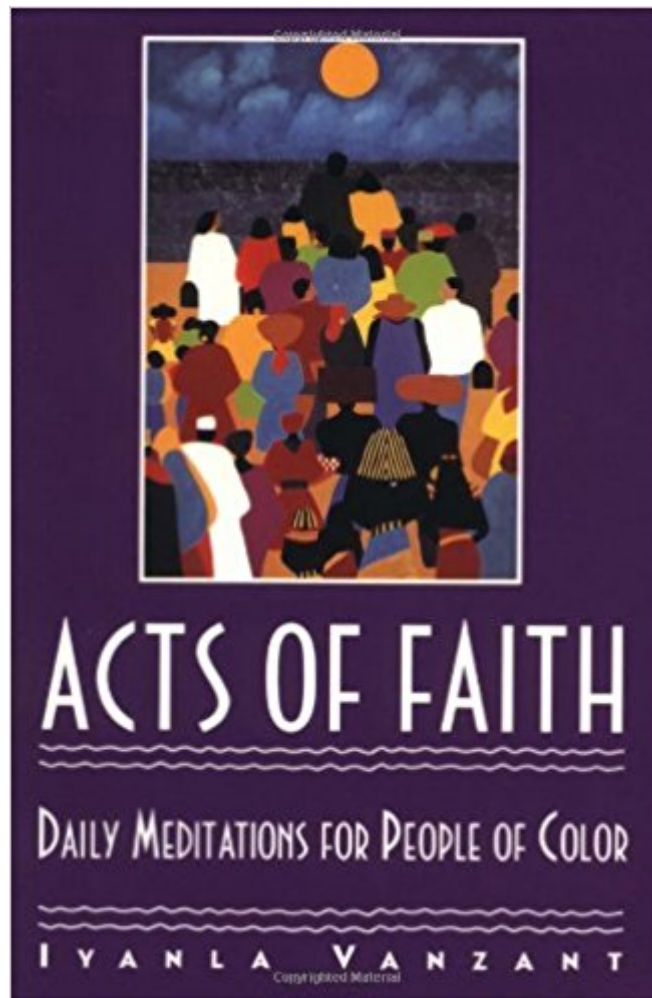




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Acts Of Faith: Daily Meditations For People Of Color



Synopsis

From the #1 New York Times bestselling author of *In the Meantime*, and with nearly a million copies in print, *Acts of Faith* is an internationally acclaimed resource for spiritual guidance and balance, specially written for people of color. *Acts of Faith* is a thoughtful and inspirational book that explores the unique pressures on people of color today with great insight and sensitivity. Each day of the year has a unique inspirational quote or message with it, along with a short essay to assist in reflection and wisdom. These messages are pulled from a great variety of spiritual practices and teachings, to assist spiritual people across faiths and disciplines. This book is invaluable for people of color in search of motivation and support as they journey on their spiritual path.

Book Information

Paperback: 400 pages

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Language: English

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Product Dimensions: 4 x 1 x 6 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 194 customer reviews

Best Sellers Rank: #50,130 in Books (See Top 100 in Books) #59 in *Books > Religion & Spirituality > Worship & Devotion > Prayer* #343 in *Books > Politics & Social Sciences > Social Sciences > Specific Demographics > African-American Studies* #371 in *Books > Health, Fitness & Dieting > Alternative Medicine > Meditation*

Customer Reviews

Molefi Kete Asante Professor and Chair, Department of African-American Studies, Temple University *Acts of Faith* is a dazzling collection of meditative statements. It should be a standard work for a long time. Iyanla Vanzant has found a way to help us keep body and soul whole. Linda Villarosa Senior Editor, *Essence* magazine *Acts of Faith* is an important spiritual resource for African-Americans and other people of all colors.

With more than 8 million books in print, Iyanla Vanzant has truly established a dedicated fan base. Iyanla's path to success took her through a multitude of life-changing experiences that shaped the profound insights she eagerly shares with others. A neglected, overweight, sexually abused child

who was shuttled from one family to another, she became a teenage mother on welfare living in the projects of a major urban city. Vanzant took control of her life when she walked out of her second abusive marriage and entered Medgar Evers College in New York and then the City University of New York Law School. She moved to Philadelphia with her children and became a public defender for three years. Then she eventually became an ordained minister, who was committed to a message based on the principles of divine power and self-determination. Iyanla combined her professional skills with her life's lessons and embarked on a writing and speaking career. Her mass appeal is evident in her overwhelming success as an author. *In the Meantime* was a #1 New York Times bestseller, where it spent 20 weeks on the list, and she has had numerous other major bestsellers. As a nationally recognized speaker she has sold out such prestigious venues as New York's Jacob Javits Convention Center, Nashville's Grand Ole Opry, Atlanta's Civic Center, and the Wilton Theater in Los Angeles. Vanzant is also familiar to the daytime TV audience from her role as a regular contributor on "The Oprah Winfrey Show." Acclaimed journalist and producer Barbara Walters recognized Vanzant's extraordinary appeal, seeing in her a "breakaway talent" with the potential for huge success in daytime television. With Walters and partner Bill Geddie on board to executive produce, Buena Vista Productions to develop the show, and Buena Vista Television as distributor, the road to Iyanla was forged. Vanzant has received numerous accolades for her work. In 1992 Los Angeles mayor Tom Bradley named October 21st "Tapping the Power Within Day" in honor of a workshop she presented in that city for African-American women. In 1994, the National Association of Equal Opportunity in Education, an organization comprised of the presidents and administrators of the 117 predominantly Black colleges in the United States named her Alumni of the Year. She also was awarded an "Oni" by the International Congress of Black Women as one of the nation's unsung heroes, and she served as the national spokesperson for Literacy Volunteers of America in 1998. In 1999 she was listed among the 100 Most Influential African-Americans by Ebony magazine. Later that year, she was awarded the 31st NAACP Image Award for "Outstanding Literary Work, Non-Fiction" for *Yesterday I Cried*. She also earned her first Honorary Doctorate degree, Doctor of Humane Letters, from the City University of New York, Medgar Evers College. In 2000, she earned her second honorary degree, Doctor of Divinity, from the Theological Seminary in Atlanta, Georgia. In addition, Ebony has named her one of their "55 Most Intriguing People," Vibe magazine tabbed her one of "100 Leaders of the New Millennium" and Newsweek recently included her as one of the "Women of the New Century." The mother of three and grandmother of four, Vanzant lives in Silver Spring, Maryland with her husband Adeyemi and Mr. Coco, their cat. To learn how Iyanla can help you get started on your journey toward spiritual enlightenment, visit Inner

Visions Worldwide, Inc., at www.innervisionsworldwide.com.

Love this book. Read it years ago in a 2-3 day reading marathon. It was touching, moving and thought provoking. Each time I front firm, I picked it up and read whatever was on the page. I always felt uplifted. Cried during my first time reading it all the way through. I gifted it to a friend who also enjoyed it. Was really glad it's on kindle.

I got this book as a gift about many, many years ago (about twenty years ago) from my boss, and last year I chose to "pay it forward" by giving my copy to an employee. However, I miss it so I just bought my own copy. It's not a preachy book. It contains what I refer to as universal truths. You don't have to be a person of color to find its value. No matter what stage of your life you are in, no matter your gender, color or faith, this book is full of wisdom that will lift your spirit.

This book really changed my life!! Every morning, I read my daily meditation page two-four times just for the info to really sink in. I have bought this book as a gift for two special friends of mine. Although you may not agree with everything she says, it is at least thought provoking if you're reading with an open mind. Also, there are very harsh truths that you may read in this book in which you may have to confront introspectively; some passages in the book makes it clear that is necessary to confront suppressed memories, negative attitudes and people in order to move forward and become a better you.

This was given as a gift and it was highly appreciated. Very inspirational.

Product was great. It was in perfect condition. Loved it and so did the person who received it as a gift!

great??

I am not a woman of color, but I find power in this book just the same. I tend to read one or a few before my day starts to set an intention. It has a variety of content areas, and I feel comfortable skipping over one if it doesn't feel as relevant for me (though most do). I like how it is formatted -- quote, content, I-statement reminder. I appreciate that they are short. They talk about higher powers or spirits, without being one-religion-specific. I think many can benefit from these daily lessons!

Excellent

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